



VICTORIA COLLEGE BELFAST
Prep & Pre-School Menu - December 2023



Monday 04/12/2023	Tuesday 05/12/2023	Wednesday 06/12/2023	Thursday 07/12/2023	Friday 08/12/2023
Tomato and Basil Soup(1,13)	Carrot & Coriander Soup (1,7,13)	Potato and Leek Soup (1,7,13)	Chicken Noodle Soup (1,7,13,14)	Sweet Potato and Thyme(1,7,13)
Pork Meatballs in Tomato Sauce with Whole meal Penne Pasta(1,2,4,,7,13,14)	Cod Fish Fingers(5,14), Baked Jacket Potato and Beans	Roast Chicken Fillet,Mash Potatoes(7,13) Carrots and Broccoli	Mild Beef Chilli(13) ,Steamed Rice and Sweetcorn	Breaded Chicken Burger(14) Fries and Sweetcorn
MAC & CHEESE' (4,7,14)	Cheese Panini(7,14) Baked Baby Potato and Beans	Roast Vegetable and Tomato Cassoulet (13,Mash Potatoes(7,13) Carrots and	Vegetable Chilli(13) ,Steamed Rice and Sweetcorn	Veggie Burger(2,14) Fries and Green Salad
Bread Roll (14) & Green Beans ***				
Probiotic Yoghurt(7) or whole fruit in season	Iced Cupcakes(2,4,7,13)or whole fruit in season	Shortbread Cookie(14) or whole fruit in season	Rice Krispie Bun(7,14) or whole fruit in season	Ice Cream and Jelly(7) or whole fruit in season
Monday 11/12/2023	Tuesday 12/12/2023	Wednesday 13/12/2023	Thursday 14/12/2023	Friday 15/12/2023
Tomato and Basil Soup(1,13)	Carrot & Coriander Soup (1,7,13)	Potato and Leek Soup (1,7,13)	Chicken Noodle Soup (1,7,13,14)	Sweet Potato and Thyme(1,7,13)
Pasta Bolognese(1,13,14)	Cod Fish Fingers(5,14), Baked Jacket Potato and Broccoli	Honey Gammon & Parsley Sauce(1,7,14),Carrots,Roasties and Mash Potatoes(7,13)	Mexican Chicken Fajita(1,13,14) Smokey Rice & Sweetcorn	Pepperoni Pizza Slice(7,14) Chips & Salad
Roast Vegetables in Tomato Sauce and Wholemeal Pasta (1,13,14)	Tomato and Mozzarella Pitta(7,14) Roast Baby Potato and Broccoli	Grilled Quorn Sausages(14) ,Carrots,Roasties and Mash Potatoes	Vegetable & Cheese Bruschetta (7,13,14)Smokey Rice & Sweetcorn	Cheesy Pizza Slice(7,14) Chips & Salad
Bread Roll (14) & Green Beans ***				
Probiotic Yoghurt(7) or whole fruit in season	Iced Cupcakes(2,4,7,13)or whole fruit in season	Shortbread Cookie(4,7,14) or whole fruit in season	Rice Krispie Bun(7,14) or whole fruit in season	Ice Cream and Jelly(7) or whole fruit in season
Monday 18/12/2023	Tuesday 19/12/2023	Wednesday 20/12/2023	Thursday 21/12/2023	
Tomato and Basil Soup(1,13)	Carrot & Coriander Soup (1,7,13)			
Creamy Chicken, Wholemeal Pasta (1,7,9,13,14)	Cod Fish Fingers(5,14), Baked Jacket Potato and Sweetcorn	Prep Christmas Dinner!	Roast Turkey,Gammon,Stuffing(2,7,13,14)	
MAC & CHEESE' (4,7,14)	Cheese Panini(7,14) Steamed Baby Potato and Sweetcorn		Quorn 'Meatloaf' (7,13,14)	
Bread Roll (14) & Green Beans ***			Carrots,Parsnips,Roasties, Mash	
Probiotic Yoghurt(7) or whole fruit in season	Iced Cupcakes(2,4,7,13)or whole fruit in season		Shortbread Cookie(4,7,14) or Choc Chip Cookie(2,4,7)	