

VICTORIA COLLEGE BELFAST Prep & Pre-School Menu - February 2024



Monday 05/02/2024	Tuesday 06/02/2024	Wednesday 07/02/2024	Thursday 08/02/2024	Friday 09/02/2024
Tomato and Basil Soup(1,13)	Carrot & Coriander Soup (1,7,13)	Potato and Leek Soup (1,7,13)	Chicken Noodle Soup (1,7,13,14)	Sweet Potato and Thyme(1,7,13)
Pork Meatballs in Tomato Sauce with Whole meal Penne Pasta(1,2,4,,7,13,14)	Cod Fish Fingers(5,14), Baked Jacket Potato and Beans	Honey Gammon & Parsley Sauce(1,7,14),Carrots,Cabbage and Mash Potatoes(7,13)	Lightly Spiced Chicken Curry (7,13)with rice	Pepperoni Pizza Slice(7,14) Chips & Salad
MAC & CHEESE' (4,7,14)	Cheese Panini(7,14) Baked Jacket Potato and Beans	Grilled Quorn Sausages(14) ,Carrots,Cabbage and Mash Potatoes	Sweet Potato and Spinach Curry (7.13)and rice	Cheesy Pizza Slice(7,14) Chips & Salad
Bread Roll (14) & Green Beans		Gravy (2,7)		
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Probiotic Yoghurt(7) or whole fruit in	Iced Cupcakes(2,4,7,13)or whole fruit in	Shortbread Cookie(14) or whole fruit in	Rice Krispie Bun(7,14) or whole fruit in	Ice Cream and Jelly(7) or whole fruit in
season	season	season	season	season
Monday 19/02/2024		Wednesday 21/02/2024	Thursday 22/02/2024	Friday 23/02/2024
Tomato and Basil Soup(1,13)	Carrot & Coriander Soup (1,7,13)		Chicken Noodle Soup (1,7,13,14)	Sweet Potato and Thyme(1,7,13)
Pasta Bolognaise(1,13,14)	Cod Fish Fingers(5,14), Baked Potato Wedges and Beans	Turkey,Stuffing(2,7,13,14),Cauliflower,Carrots & Mash Patatoes(7,13)	Mild Beef Chilli(13) ,Steamed Rice and Sweetcorn	Breaded Chicken Goujons(14)Fries & Cucumber Sticks
Roast Vegetables in Tomato Sauce and Wholemeal PastaOrzo Pasta (1,13,14)	Tomato and Mozzarella Pitta(7,14) Baked Potato Wedges and Beans		Vegetable Chilli(13) ,Steamed Rice and Sweetcorn	Mini Spring Rolls(2,12,14) Chips & Cucumber Sticks
Bread Roll (14) & Green Beans	1	Gravy(2,7)		
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Probiotic Yoghurt(7) or whole fruit in	Iced Cupcakes(2,4,7,13)or whole fruit in	Shortbread Cookie(4,7,14) or whole fruit	Rice Krispie Bun(7,14) or whole fruit in	Ice Cream and Jelly(7) or whole fruit in
season	season	in season	season	season
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	Tuesday 27/02/2024	Wednesday 28/02/2024	Thursday 29/02/2024	Friday 1/03/2024
Tomato and Basil Soup(1,13)	Carrot & Coriander Soup (1,7,13)	Wednesday 28/02/2024 Potato and Leek Soup (1,7,13)	Chicken Noodle Soup (1,7,13,14)	Sweet Potato and Thyme(1,7,13)
	Carrot & Coriander Soup (1,7,13) Cod Fish Fingers(5,14), Baked Potato Wedges and Beans	Potato and Leek Soup (1,7,13) Roast Turkey, Stuffing(2,7,13,14), Gravy(2,7), Carrots	Chicken Noodle Soup (1,7,13,14) Lightly Spiced Chicken Curry (7,13)with rice	•
Tomato and Basil Soup(1,13) Creamy Chicken, Wholemeal Pasta (1,7,9,13,14)	Carrot & Coriander Soup (1,7,13) Cod Fish Fingers(5,14), Baked Potato Wedges and Beans Cheese Panini(7,14) Baked Potato Wedges and	Potato and Leek Soup (1,7,13)	Chicken Noodle Soup (1,7,13,14) Lightly Spiced Chicken Curry (7,13)with rice	Sweet Potato and Thyme(1,7,13) Breaded Chicken Burger(14) Fries and
Tomato and Basil Soup(1,13) Creamy Chicken, Wholemeal Pasta (1,7,9,13,14) MAC & CHEESE' (4,7,14)	Carrot & Coriander Soup (1,7,13) Cod Fish Fingers(5,14), Baked Potato Wedges and Beans	Potato and Leek Soup (1,7,13) Roast Turkey, Stuffing(2,7,13,14), Gravy(2,7), Carrots Roaccall & Mack Rotatoo(7,13) Roast Tomato and Vegetable Casserole(1)	Chicken Noodle Soup (1,7,13,14) Lightly Spiced Chicken Curry (7,13)with rice Sweet Potato and Spinach Curry	Sweet Potato and Thyme(1,7,13) Breaded Chicken Burger(14) Fries and Sweetcorn
Tomato and Basil Soup(1,13) Creamy Chicken, Wholemeal Pasta (1,7,9,13,14) MAC & CHEESE' (4,7,14)	Carrot & Coriander Soup (1,7,13) Cod Fish Fingers(5,14), Baked Potato Wedges and Beans Cheese Panini(7,14) Baked Potato Wedges and	Potato and Leek Soup (1,7,13) Roast Turkey, Stuffing(2,7,13,14), Gravy(2,7), Carrots Roaccall & Mack Rotatoo(7,13) Roast Tomato and Vegetable Casserole(1)	Chicken Noodle Soup (1,7,13,14) Lightly Spiced Chicken Curry (7,13)with rice Sweet Potato and Spinach Curry	Sweet Potato and Thyme(1,7,13) Breaded Chicken Burger(14) Fries and Sweetcorn
Creamy Chicken, Wholemeal Pasta	Carrot & Coriander Soup (1,7,13) Cod Fish Fingers(5,14), Baked Potato Wedges and Beans Cheese Panini(7,14) Baked Potato Wedges and Beans	Potato and Leek Soup (1,7,13) Roast Turkey, Stuffing(2,7,13,14), Gravy(2,7), Carrots Roast Tomato and Vegetable Casserole(1) Mash Potatoes(7,13) Carrots & Broccoli	Chicken Noodle Soup (1,7,13,14) Lightly Spiced Chicken Curry (7,13)with rice Sweet Potato and Spinach Curry (7,13)and rice	Sweet Potato and Thyme(1,7,13) Breaded Chicken Burger(14) Fries and Sweetcorn Veggie Burger(2,14) Fries and Green Salad
Tomato and Basil Soup(1,13) Creamy Chicken, Wholemeal Pasta (1,7,9,13,14) MAC & CHEESE' (4,7,14) Bread Roll (14) & Green Beans	Carrot & Coriander Soup (1,7,13) Cod Fish Fingers(5,14), Baked Potato Wedges and Beans Cheese Panini(7,14) Baked Potato Wedges and Beans	Potato and Leek Soup (1,7,13) 188311 Turkey,Stuffing(2,7,13,14),Gray(2,7),Carrots 18	Chicken Noodle Soup (1,7,13,14) Lightly Spiced Chicken Curry (7,13)with rice Sweet Potato and Spinach Curry (7,13)and rice	Sweet Potato and Thyme(1,7,13) Breaded Chicken Burger(14) Fries and Sweetcorn Veggie Burger(2,14) Fries and Green Salad
Tomato and Basil Soup(1,13) Creamy Chicken, Wholemeal Pasta (1,7,9,13,14) MAC & CHEESE' (4,7,14) Bread Roll (14) & Green Beans *** Probiotic Yoghurt(7) or whole fruit in	Carrot & Coriander Soup (1,7,13) Cod Fish Fingers(5,14), Baked Potato Wedges and Beans Cheese Panini(7,14) Baked Potato Wedges and Beans *** Iced Cupcakes(2,4,7,13)or whole fruit in	Potato and Leek Soup (1,7,13) Rossit Turkey,Stuffing(2,7,13,14),Gravy(2,7),Carrots Rossit Turkey And Turkey,Stuffing(2,7,13,14),Gravy(2,7),Carrots Rossit Turkey,Stuffing(2,7,13,14),Gravy(2,7),Carrots Rossit Turkey, Tur	Chicken Noodle Soup (1,7,13,14) Lightly Spiced Chicken Curry (7,13)with rice Sweet Potato and Spinach Curry (7,13)and rice *** Rice Krispie Bun(7,14) or whole fruit in	Sweet Potato and Thyme(1,7,13) Breaded Chicken Burger(14) Fries and Sweetcorn Veggie Burger(2,14) Fries and Green Salad *** Ice Cream and Jelly(7) or whole fruit in
Tomato and Basil Soup(1,13) Creamy Chicken, Wholemeal Pasta (1,7,9,13,14) MAC & CHEESE' (4,7,14) Bread Roll (14) & Green Beans *** Probiotic Yoghurt(7) or whole fruit in season	Carrot & Coriander Soup (1,7,13) Cod Fish Fingers(5,14), Baked Potato Wedges and Beans Cheese Panini(7,14) Baked Potato Wedges and Beans *** Iced Cupcakes(2,4,7,13)or whole fruit in season	Potato and Leek Soup (1,7,13) Rossit Turkey,Stuffing(2,7,13,14),Gravy(2,7),Carrots Rossit Turkey And Turkey,Stuffing(2,7,13,14),Gravy(2,7),Carrots Rossit Turkey,Stuffing(2,7,13,14),Gravy(2,7),Carrots Rossit Turkey, Tur	Chicken Noodle Soup (1,7,13,14) Lightly Spiced Chicken Curry (7,13)with rice Sweet Potato and Spinach Curry (7,13)and rice *** Rice Krispie Bun(7,14) or whole fruit in	Sweet Potato and Thyme(1,7,13) Breaded Chicken Burger(14) Fries and Sweetcorn Veggie Burger(2,14) Fries and Green Salad *** Ice Cream and Jelly(7) or whole fruit in
Tomato and Basil Soup(1,13) Creamy Chicken, Wholemeal Pasta (1,7,9,13,14) MAC & CHEESE' (4,7,14) Bread Roll (14) & Green Beans *** Probiotic Yoghurt(7) or whole fruit in season Monday 04/03/2024	Carrot & Coriander Soup (1,7,13) Cod Fish Fingers(5,14), Baked Potato Wedges and Beans Cheese Panini(7,14) Baked Potato Wedges and Beans *** Iced Cupcakes(2,4,7,13)or whole fruit in season Tuesday 05/03/2024	Potato and Leek Soup (1,7,13) Roast Turkey,Stuffing(2,7,13,14),Gravy(2,7),Carrots Roast Tomato and Vegetable Casserole(1) Mash Potatoes(7,13) Carrots & Broccoli *** Shortbread Cookie(4,7,14) or whole fruit in season Wednesday 06/03/2024	Chicken Noodle Soup (1,7,13,14) Lightly Spiced Chicken Curry (7,13)with rice Sweet Potato and Spinach Curry (7,13)and rice *** Rice Krispie Bun(7,14) or whole fruit in season Thursday 07/03/2024	Sweet Potato and Thyme(1,7,13) Breaded Chicken Burger(14) Fries and Sweetcorn Veggie Burger(2,14) Fries and Green Salad *** Ice Cream and Jelly(7) or whole fruit in season Friday 08/03/2024
Tomato and Basil Soup(1,13) Creamy Chicken, Wholemeal Pasta (1,7,9,13,14) MAC & CHEESE' (4,7,14) Bread Roll (14) & Green Beans *** Probiotic Yoghurt(7) or whole fruit in	Carrot & Coriander Soup (1,7,13) Cod Fish Fingers(5,14), Baked Potato Wedges and Beans Cheese Panini(7,14) Baked Potato Wedges and Beans *** Iced Cupcakes(2,4,7,13)or whole fruit in season Tuesday 05/03/2024 Carrot & Coriander Soup (1,7,13)	Potato and Leek Soup (1,7,13) ROBST Turkey, Stuffing(2,7,13,14), Gravy(2,7), Carrots Rocast Tomato and Vegetable Casserole(1) Mash Potatoes(7,13) Carrots & Broccoli *** Shortbread Cookie(4,7,14) or whole fruit in season Wednesday 06/03/2024 Potato and Leek Soup (1,7,13) Slow Doast Reef Vegetable Medley and	Chicken Noodle Soup (1,7,13,14) Lightly Spiced Chicken Curry (7,13)with rice Sweet Potato and Spinach Curry (7,13)and rice *** Rice Krispie Bun(7,14) or whole fruit in season	Sweet Potato and Thyme(1,7,13) Breaded Chicken Burger(14) Fries and Sweetcorn Veggie Burger(2,14) Fries and Green Salad *** Ice Cream and Jelly(7) or whole fruit in season