



**VICTORIA COLLEGE BELFAST**  
**Prep & Pre-School Menu - January 2024**



Monday 08/01/2024	Tuesday 09/01/2024	Wednesday 10/01/2024	Thursday 11/01/2024	Friday 12/01/2024
Tomato and Basil Soup(1,13)	Carrot & Coriander Soup (1,7,13)	Potato and Leek Soup (1,7,13)	Chicken Noodle Soup (1,7,13,14)	Sweet Potato and Thyme(1,7,13)
Pork Meatballs in Tomato Sauce with Whole meal Penne Pasta(1,2,4,,7,13,14)	Cod Fish Fingers(5,14), Baked Jacket Potato and Beans	Roast Chicken Fillet,Mash Potatoes(7,13) Carrots and Cauliflower	Mild Beef Chilli(13) ,Steamed Rice and Sweetcorn	Breaded Chicken Burger(14) Fries and Sweetcorn
MAC & CHEESE' (4,7,14)	Cheese Panini(7,14) Baked Jacket Potato and Beans	Roast Vegetable and Tomato Cassoulet (13 Mash Potatoes(7,13) Carrots and	Vegetable Chilli(13) ,Steamed Rice and Sweetcorn	Veggie Burger(2,14) Fries and Green Salad
Bread Roll (14) & Green Beans				
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Probiotic Yoghurt(7) or whole fruit in season	Iced Cupcakes(2,4,7,13)or whole fruit in season	Shortbread Cookie(14) or whole fruit in season	Rice Krispie Bun(7,14) or whole fruit in season	Ice Cream and Jelly(7) or whole fruit in season
Monday 15/01/2024	Tuesday 16/01/2024	Wednesday 17/01/2024	Thursday 18/01/2024	Friday 19/01/2024
Tomato and Basil Soup(1,13)	Carrot & Coriander Soup (1,7,13)	Potato and Leek Soup (1,7,13)	Chicken Noodle Soup (1,7,13,14)	Sweet Potato and Thyme(1,7,13)
Pasta Bolognaise(1,13,14)	Cod Fish Fingers(5,14), Baked Jacket Potato and Beans	Roast Turkey,Stuffing(2,7,13,14),Gravy,Carrots & Mash Potatoes(7,13)	Mexican Chicken Fajita(1,13,14) Smokey Rice & Sweetcorn	Breaded Chicken Goujons(14)Fries & Cucumber Sticks
Roast Vegetables in Tomato Sauce and Wholemeal PastaOrzo Pasta (1,13,14)	Tomato and Mozzarella Pitta(7,14) Baked Jacket Potato and Beans	Grilled Quorn Sausages(14) ,Carrots,Cabbage and Mash Potatoes	Bean and Vegetable Wrap(13,14)Smokey Rice & Sweetcorn	Mini Spring Rolls(2,12,14) Chips & Cucumber Sticks
Bread Roll (14) & Green Beans				
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Probiotic Yoghurt(7) or whole fruit in season	Iced Cupcakes(2,4,7,13)or whole fruit in season	Shortbread Cookie(4,7,14) or whole fruit in season	Rice Krispie Bun(7,14) or whole fruit in season	Ice Cream and Jelly(7) or whole fruit in season
Monday 22/01/2024	Tuesday 23/01/2024	Wednesday 24/01/2024	Thursday 25/01/2024	Friday 26/01/2024
Tomato and Basil Soup(1,13)	Carrot & Coriander Soup (1,7,13)	Potato and Leek Soup (1,7,13)	Chicken Noodle Soup (1,7,13,14)	Sweet Potato and Thyme(1,7,13)
Creamy Chicken, Wholemeal Pasta (1,7,9,13,14)	Cod Fish Fingers(5,14), Baked Jacket Potato and Beans	Roast Turkey,Stuffing(2,7,13,14),Gravy,Carrots & Mash Potatoes(7,13)	Lightly Spiced Chicken Curry (7,13)with rice	Grilled 'Banger' Pork Sausage (2,13,14)Fries and Green Salad
MAC & CHEESE' (4,7,14)	Cheese Panini(7,14) Baked Jacket Potato and Beans	Quorn 'Meatloaf' (7,13,14) ,Mash Potatoes(7,13) Carrots & Broccoli	Sweet Potato and Spinach Curry (7,13)and rice	Grilled Veggie Sausage(2,14)Fries and Green Salad
Bread Roll (14) & Green Beans				
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Probiotic Yoghurt(7) or whole fruit in season	Iced Cupcakes(2,4,7,13)or whole fruit in season	Shortbread Cookie(4,7,14) or whole fruit in season	Rice Krispie Bun(7,14) or whole fruit in season	Ice Cream and Jelly(7) or whole fruit in season
Monday 29/01/2024	Tuesday 30/01/2024	Wednesday 31/01/2024	Thursday 01/02/2024	Friday 02/02/2024
Tomato and Basil Soup(1,13)	Carrot & Coriander Soup (1,7,13)	Potato and Leek Soup (1,7,13)	Chicken Noodle Soup (1,7,13,14)	Sweet Potato and Thyme(1,7,13)
Pasta Bolognaise(1,13,14)	Cod Fish Fingers(5,14), Baked Jacket Potato and Beans	Roast Loin of Pork,Carrot,Broccoli, and Mash Potatoes(7,13)	Grilled BBQ Chicken (9)	Pepperoni Pizza Slice(7,14) Chips & Salad